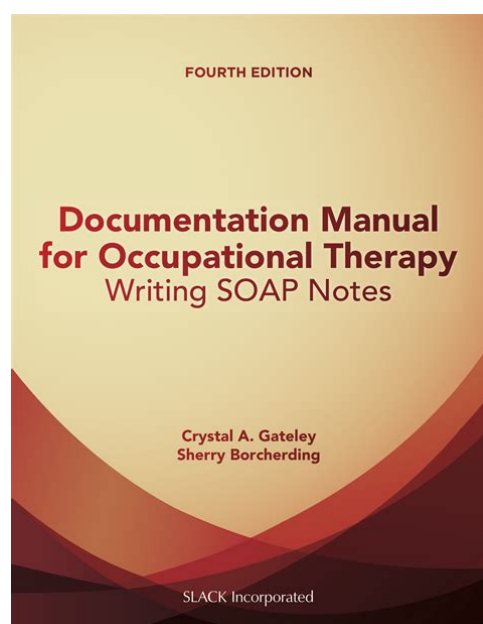


## Documentation Manual For Occupational Therapy Pdf

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With that idea in mind, Documentation Manual for Occupational Therapy Writing SOAP Notes, Fourth Edition presents a systematic approach to a standard form of health care documentation the SOAP note. The clinical reasoning skills underlying SOAP note documentation can be adapted to fit the written or electronic documentation requirements of nearly any occupational therapy practice setting. Documentation Manual for Occupational Therapy, Fourth Edition also includes the COAST method, a specific format for writing occupationbased goals. Crystal Gateley and Sherry Borcharding use a "howto" strategy by breaking up the documentation process into a stepbystep sequence. Numerous worksheets are provided to practice each individual skill as well as the entire SOAP note process. In addition, examples from a variety of practice settings are included as a reference. Although this text addresses documentation in occupational therapy practice, the concepts can be generalized across other health care disciplines as well. New in the Fourth Edition The chapter focusing on reimbursement, legal, and ethical considerations has been vastly expanded to provide an overview of sources of reimbursement, regulatory guidelines, and legal and ethical issues. A new chapter focusing on electronic documentation has been added to illustrate how the concepts presented in this text can be used in various electronic documentation software products. Faculty will have access to 12 videos that can be used for instructional purposes and documentation practice. This edition includes an expanded Instructor's Manual with sample quiz questions for several of the chapters, templates and grading rubrics for documentation assignments, and other instructional resources. Instructors in educational settings can visit [www.efacultyounge.com](http://www.efacultyounge.com) for additional material to be used for teaching in the classroom.

Documentation Manual for Occupational Therapy Writing SOAP Notes, Fourth Edition presents essential documentation skills that all occupational therapy clinicians, faculty, and students will find critical for assessing, treating, and offering the best evidence available for their clients. Then you can start reading Kindle books on your smartphone, tablet, or computer no Kindle device required. Register a free business account Crystal has worked in a variety of occupational therapy practice settings, including acute care, inpatient and outpatient rehabilitation, skilled nursing, home health, outpatient pediatrics, public schools, and sheltered workshops. Besides teaching, Crystal enjoys attending her daughters' extracurricular events, particularly Southern Boone Lady Eagles soccer and basketball, and frequently volunteers her time to support school and community organizations. She also loves camping, fishing, canoeing, and boating with family and friends. During the time she was on faculty, she taught disability awareness; complementary therapy; clinical ethics; frames of reference; psychopathology; loss and disability; longterm care; wellness; and a threesemester fieldwork sequence designed to develop critical thinking, clinical reasoning, and documentation skills. Two of her courses were designated as campus writing courses and one was credentialed for computer and information proficiency. As a part of the fieldwork and documentation courses, she filmed simulated occupational therapy interventions for student use in class. Twelve of those "movies" are available on [www.efacultyounge.com](http://www.efacultyounge.com) with this edition of the book. Sherry graduated with honors from Texas Woman's University, Denton, Texas with a BS in occupational therapy and

went on to complete her master's in special education with special faculty commendation at George Peabody College, Nashville, Tennessee.

<https://www.interactivelearnings.com/forum/selenium-using-c/topic/18059/790i-ultra-sli-manual>

Following her staff positions in rehabilitation, home health, and pediatrics, she assumed a number of management roles including Chief Occupational Therapist at East Texas Treatment Center, Kilgore, Texas; Director of Occupational Therapy at MidMissouri Mental Health Center, Columbia; and Director of Rehabilitation Services at Transitional Housing Agency, Columbia, Missouri. She has also planned, designed and directed occupational therapy programs at Capital Regional Medical Center, Jefferson City, Missouri and at Charter Behavioral Health Center, Columbia, Missouri. Sherry is a lifelong learner. Since her retirement, she has further expanded her private practice devoted to complementary and alternative therapies. She is certified in CranioSacral Therapy at the techniques level through Upledger Institute, Palm Beach Gardens, Florida and is attuned as a Reiki master. For leisure, Sherry enjoys music, English country dance, and all kinds of threedimensional art. Her pottery has appeared in several local shows over the past several years. She volunteers with the Community Emergency Response Team doing logistics. To calculate the overall star rating and percentage breakdown by star, we don't use a simple average. Instead, our system considers things like how recent a review is and if the reviewer bought the item on Amazon. It also analyzes reviews to verify trustworthiness. Please try again later. The text book assigned by my professor didnt have a lot of info on the SOAP method, so I got this book. Its very indepth and has a ton of examples of different kinds of documentation you might do using the SOAP format. Highly recommended! I used it more than any other book Ive bought or rented for grad school. It explained many aspects of documentation in Occupational therapy. I now write excellent soap notes and plan on referencing it in practice. Has very clear examples of how to document treatment sessions properly.

But still done it's job! It goes through examples and had exercises to practice. Verlagskontakte With that idea in mind, Documentation Manual for Occupational Therapy Writing SOAP Notes, Fourth Edition presents a systematic approach to a standard form of health care documentation the SOAP note. The clinical reasoning skills underlying SOAP note documentation can be adapted to fit the written or electronic documentation requirements of nearly any occupational therapy practice setting. Documentation Manual for Occupational Therapy, Fourth Edition also includes the COAST method, a specific format for writing occupationbased goals. Numerous worksheets are provided to practice each individual skill as well as the entire SOAP note process. In addition, examples from a variety of practice settings are included as a reference. Although this text addresses documentation in occupational therapy practice, the concepts can be generalized across other health care disciplines as well. New in the Fourth Edition The chapter focusing on reimbursement, legal, and ethical considerations has been vastly expanded to provide an overview of sources of reimbursement, regulatory guidelines, and legal and ethical issues. A new chapter focusing on electronic documentation has been added to illustrate how the concepts presented in this text can be used in various electronic documentation software products. Faculty will have access to 12 videos that can be used for instructional purposes and documentation practice. This edition includes an expanded Instructors Manual with sample quiz questions for several of the chapters, templates and grading rubrics for documentation assignments, and other instructional resources. Instructors in educational settings can visit [www.efacultylounge.com](http://www.efacultylounge.com) for additional material to be used for teaching in the classroom.

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Refer to our dedicated CPD information page to find the Guidelines Continuing professional development for more information about CPD requirements and exemptions, and to access our CPD resources. It's a way to keep track of our patients' progress, communicate with other healthcare providers, and defend our rationale for our treatment choices. Documentation is essential, and it's a key factor in our patients' wellbeing during their continuum of care. But it can also take FOREVER. And we might not have the time we need to do it justice. We are constantly grappling between wanting to write the perfect OT note—you know, the one that succinctly says exactly what we did and why we did it, and also provides goals and rationale to support our interventions—and flying through charting as quickly as possible. My vision and I'll admit it's a grand one is to help you create the type of notes that clearly communicate your treatment assessments and plans, without making you lose your mind in the process. That said, keep in mind that this is a process for all of us. And many of us work in settings where we are constantly having to overdocument to avoid denial of reimbursements. Plus, the time we spend documenting generally does not count toward our productivity, which means the longer we spend typing our notes, the less productive we appear to be in management's eyes. It's frustrating and unfair, but there has to be a solution. I am hopeful that providing this article will be the first step in illuminating what constitutes a really solid OT note—as well as how much time and effort goes into writing defensible documentation that can be deciphered by those reading it. And while my OT note example is as succinct as possible, and I point you toward some shortcuts and hacks that can help you cut your documentation time, the fact of the matter is that good OT notes take time. As you can see, that puts us in a tough position.

That's why I truly believe that the OT burnout crisis we're facing and the general healthcare burnout crisis at large, for that matter stems in large part from the unrealistic documentation demands we face as clinicians—not to mention the bloated, inefficient tools we're expected to use to document in the first place. But I'll hop off my soapbox for now, and give you what you came for. Let's discuss what you'll find in this article We'll start with some do's and don'ts of documentation, and I've also included a sample OT evaluation at the end of the article. A note of thanks I also collaborated with The Note Ninjas, Brittany Ferri, an OT clinical reviewer, as well as Hoangyen Tran, a CHT, to create them. Subjective S DO use the subjective part of the note to open your story Each note should tell a story about your patient, and your subjective portion should set the stage. Try to open your note with feedback from the patient about what is and isn't working about their therapy sessions and home exercise program. DON'T go overboard with unnecessary details Let's admit it we are storytellers, and we like to add details. But, we must admit we've all seen notes with information that is simply

unnecessary. Here are a few things you can generally leave out of your notes “Patient was seated in chair on arrival.” “Patient let me into her home.” “Patient requested that nursing clean his room.” Details are great, because they help preserve the humanity of our patients, but it’s really not necessary to waste your precious time typing out details like these. Keep in mind that the exception to the above rule is that if a patient is mistrustful of you in any way, adding key details about being let into his or her home might be very relevant. Channel your inner English major. This is almost certainly the case in an evaluation. The objective section should contain objective measurements, observations, and results from tests that you perform.

Here are a few of the examples of what you should include Manual muscle tests MMTs Range of motion measurements AAROM, AROM, PROM, etc. Level of independence CGA, MIN A, etc. Functional reporting measures DASH screen, etc. Wound healing details for postop patients Objective measures from assessments related to the diagnosis For a comprehensive list of objective measurements that you can include in this section, here’s a great resource The Shirley Ryan AbilityLab Rehabilitation Measures Database Assessment A DO show clinical reasoning and expertise The assessment section of your OT note is what justifies your involvement in this patient’s care. What you’re doing in this section is synthesizing how the story the patient tells combines with the objective measurements you took and overall observations you made during today’s treatment session. The assessment answers the questions How does all of this information fit together. Where in your professional opinion should the patient go from here. Where does OT fit into the picture for the patient’s plan. DON’T skimp on the assessment section The assessment section is your place to shine. Consider something like “Patient’s reported improvements in tolerance to toileting activities demonstrate effectiveness of energy conservation techniques she has learned during OT sessions. Improved range of motion and stability of her right arm confirms that her use of shoulder home exercise plan is improving her ability to use her right upper extremity to gain independence with self care. ” Plan P DON’T get lazy I recently went to a live CEU course on notewriting, and the course was geared toward PTs. It felt to me like most of the hour was spent talking about how important it is to make their goals functional. But we OTs already know this; function is our bread and butter. So why do so many OTs write “Continue plan of care as tolerated.

” Not only do insurance reviewers hate that type of generic language, it again robs us of the ability to demonstrate our clinical reasoning and treatment rationale. DO show proper strategic planning of patients’ care This section isn’t rocket science. You don’t have to write a novel. But you do need to show that you’re thinking ahead and considering how your patients’ care plans will change as they progress through treatment. Consider something like this “Continue working with patient on toileting, while gradually decreasing verbal and tactile cues, enabling patient to become more confident and independent. Add stability exercises to home exercise program to stabilize patient’s right upper extremity in the new range. General DO’s and DON’TS for documentation Your patient is the protagonist—and you are the guide. In every good story, there is a hero figure and a guide figure. Both are indispensable. I think as therapists, we tend to document only one part of the story. For example, we focus on the patient’s role “Patient did such and such.” Or we focus on our skilled intervention “Therapist downgraded, corrected, guided.” But, a really good note—a perfect note—shows how the two interact. If your patient tells you in the subjective that they are not progressing as quickly as they would like, what did you do as the therapist to upgrade their intervention. Your notes should make it apparent that you are working together as a team. Let’s look at a few examples “Patient reported illness over the weekend; thus activities and exercises were downgraded today. Plan to increase intensity when patient feels fully recovered.” “Patient has been making good progress towards goals, and is eager for more home exercises. Plan to add additional stability work at next visit.” DO be very careful with abbreviations While I was creating this blog post, I read every piece of advice I could find on documentation—and I had to chuckle because there was simply no consensus on abbreviations.

Abbreviations are obviously great because they save time—but they can make our notes cryptic useless to others. In the ideal world, we type the abbreviation and our smartie computer fills in the full word or phrase for us. And, for those of us who use an EMR on Google Chrome, this is exactly what can happen. I also know that WebPT allows this integration. If you don't already use keyboard shortcuts, contact your IT department and see if there are any options within your EMR. If there aren't ways to implement these shortcuts, I highly recommend that you request them. I've got an article about OT documentation hacks that delves more into the topics of text expanders and abbreviations. After all of this, I bet you're ready to see an OT evaluation in action. You're in luck because I have an example for you below. The numbness and tingling he was feeling prior to surgery has resolved dramatically. Right shoulder, elbow, forearm, digit range of motion all within normal limits on all planes. He was able to verbally repeat the home exercise program and demonstrate for therapist, and was given handout. Assessment Mr. Peppercorn is a 46 year old male, who presents with decreased right grip strength and range of motion, as well as persistent pain, following carpal tunnel release surgery. These deficits have a negative impact on patient's ability to write, type, and open his laptop and door handles. Anticipate patient may progress more slowly due to diabetes in initial weeks, but BCTOQ reflects that patient is not progressing as fast as normal, and is at risk of falling into to projected 1030% of patients that do not have positive outcomes following carpal tunnel release. Patient will benefit from skilled OT in order to address these deficits, adhere to post op treatment, protocol and return to work on light duty for initial four weeks. Services will address deficits in the areas of grip strength and range of motion, as well as right hand pain.

Plan of care will address patient's difficulty with writing, typing, and opening and closing his laptop and door handles. Short Term Goals 2 weeks Patient will increase dynamometer score in bilateral hands to 75 lb in order to do laundry. Patient will increase active range of motion in wrist to within normal limits in order to open and close his laptop and use door handles without increased pain. Patient will increase dynamometer score in bilateral hands to 90 lb in order to return to recreational activities. This was certainly involved, but the experts tell me that the above evaluation represents what needs to be documented to satisfy insurance companies. I spelled out lots of areas where you might normally use abbreviations, but I wanted any medical professional—as well as the patient himself—to have a clear understanding of what our treatments are, and why we use them. And keep in mind that there's really no such thing as a "perfect" OT note, despite what I'm calling this article. Every patient presentation will warrant its own treatment approach, and the best thing we can do is document our clinical reasoning to support why we use the interventions we choose. More resources for improving your documentation I recognize that defensible documentation is an everevolving art and science, and have come across many useful resources that will help you keep your notes complete, yet concise. I highly recommend the following The Seniors Flourish Podcast Simplify Your Documentation fivepart series WebPT Defensible Documentation Toolkit download required The Note Ninjas Follow Them on Instagram. A Witty PT Medical Necessity in Rehab Grip and Pinch Strength Normative Data for Adults Link to PDF Conclusion Documentation can get a bad rap, but I believe that as OTs, we are uniquely poised to write notes that are meaningful to other healthcare practitioners and our patients.

It seems inevitable that our patients will gain easier access to their notes over the next decade, and when they do, I want our documentation to stand out as relevant and useful. This article is meant to evolve over time, so I'd love to know the types of notes you'd like me to provide article. Is there any way you would improve upon the example I've provided. Please let me know in the comments. They created their Instagram account and website as a resource center to other clinicians and students. Their focus is to provide skilled treatment ideas and show how to support this skill in your documentation. Documentation plays a vital role in patient care and can be complex. Their mission is to teach others how to continue to show skilled services and how to progress skilled intervention to avoid discharging a patient too early. Celebrate the cultures of Latinx, Hispanic, and

Latino identifying communities. Includes Although designed for K8, it could be used at any grade level. This is a one page note taking template that can be used to quickly take simple notes regarding occupational therapy interventions. It has been designed to work easily with the requirements for Medical Access billing. This form designed in la Subjects Special Education, Occupational Therapy Grades PreK, Kindergarten, 1 st, 2 nd, 3 rd, 4 th, 5 th, 6 th, 7 th, 8 th, 9 th, 10 th, 11 th, 12 th Types Professional Documents, Printables, Classroom Forms Show more details Add to cart Add to cart Wish List OCCUPATIONAL THERAPY Teletherapy prek6 grade BUNDLE OT Distance Learning 6 wks. The data collection forms are perfect for establishing a baseline or progress monitoring, and the checklist helps keep your screening process organized. Print Path's 3 to 5 year old Fine Motor Baselines can be used as a survey tool and a progress monitor tool. It can be difficult to create the structure and flexibility one needs to make sure every treatment session is joyful and productive. Heavy work activities i.e.

proprioceptive input can be used for individuals with sensory processing difficulties to help increase attention and modulate arousal. This report covers fine motor, gross motor and visual perceptual skills. This report template is designed to save you valuable time when writing reports. The report is a word document, so it is fully editable. This has over 100 STRATEGIES THAT YOU CAN USE RIGHT NOW. A letter introduces the teacher to school based occupational therapy, as well as the therapists schedule and best ways to contact. We are often questioning how to fix poor letter formation habits and how to address pencil grasp issues. This is a "just right" activity for children who are learning to write, draw and color. Each picture has dotted lines for the child to trace to practice visual motor skills. This focuses on scissor skills. This can also be used for a quick assessment. This is split into two diff Subjects Special Education, Problem Solving, Occupational Therapy Grades PreK, Kindergarten, 1 st, 2 nd, 3 rd, 4 th, 5 th Types Handouts, Professional Documents, Printables Also included in OCCUPATIONAL THERAPY 150 Resources. There are 3 Styles, each with 2 different sides, for your daily treatment notes. One Style includes OT treatment areas. You are able to print fo Subjects Specialty, Physical Therapy, Occupational Therapy Grades Not Grade Specific Types Professional Documents, Classroom Forms Show more details Add to cart Add to cart Wish List showing 1 24 of 1,171 results 1 2 3 4 5 Next Teachers Pay Teachers is an online marketplace where teachers buy and sell original educational materials. Are you getting the free resources, updates, and special offers we send out every week in our teacher newsletter Sign Up. Developed in collaboration with international practitioners, the SCOPE seeks to facilitate a systematic evaluation of most MOHO concepts.

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