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**Next**

**A SAMPLE NARRATIVE ESSAY**

**HOW I LEARNT SWIMMING**

Learning something new can be a scary experience. One of the hardest things I've ever had to do was learn how to swim. I was always afraid of the water, but I decided that swimming was an important skill that I should learn. I also thought it would be good exercise and help me to become physically stronger. What I didn't realize was that learning to swim would also make me a more confident person.

New situations always make me a bit nervous, and my first swimming lesson was no exception. After I changed into my bathing suit in the locker room, I stood timidly by the side of the pool waiting for the teacher and other students to show up. After a couple of minutes the teacher came over. She smiled and introduced herself, and two more students joined us. Although they were both older than me, they didn't seem to be embarrassed about not knowing how to swim. I began to feel more at ease.

We got into the pool, and the teacher had us put on brightly colored water wings to help us stay afloat. One of the other students, May, had already taken the beginning class once before, so she took a kickboard and went splashing off by herself. The other student, Jerry, and I were told to hold on to the side of the pool and shown how to kick for the breaststroke. One by one, the teacher had us hold on to a kickboard while she pulled it through the water and we kicked. Pretty soon Jerry was off doing this by himself, traveling at a fast clip across the short end of the pool.

Things were not quite that easy for me, but the teacher was very patient. After a few more weeks, when I seemed to have caught on with my legs, she taught me the arm strokes. Now I had two things to concentrate on, my arms and my legs. I felt hopelessly uncoordinated. Sooner than I imagined, however, things began to feel "right" and I was able to swim! It was a wonderful free feeling - like flying, maybe - to be able to shoot across the water.

Learning to swim was not easy for me, but in the end my persistence paid off. Not only did I learn how to swim and to conquer my fear of the water, but I also learned something about learning. Now when I am faced with a new situation I am not so nervous. I may feel uncomfortable to begin with, but I know that as I practice being in that situation and as my skills get better, I will feel more and more comfortable. It is a wonderful, free feeling when you achieve a goal you have set for yourself.

**Psychological Profiling of Offender Characteristics From Crime Behaviors in Serial Rape Offences**

Richard N. Kocsis  
Ray W. Cooksey  
Harvey J. Irwin

**Abstract:** *Criminal psychological profiling has progressively been incorporated into police procedures despite a dearth of empirical research. Indeed, in the study of serial violent crimes for the purpose of psychological profiling, very few original, quantitative, academically reviewed studies actually exist. This article reports on the analysis of 62 incidents of serial sexual assault. The statistical procedure of multidimensional scaling was employed in the analysis of this data, which in turn produced a five-cluster model of serial rapist behavior. First, a central cluster of behaviors were identified that represent common behaviors to all patterns of serial rape. Second, four distinct outlying patterns were identified as demonstrating distinct offence styles, these being assigned the following descriptive labels brutality, intercourse, chaotic, and ritual. Furthermore, analysis of these patterns also identified distinct offender characteristics that allow for the use of empirically robust offender profiles in future serial rape investigations.*

Criminal psychological profiling is the investigative technique of analyzing crime behaviors for the identification of probable offender characteristics (Wilson, Lincoln, & Kocsis, 1997). Profiling as a technique has increased in popularity and use among law enforcement agencies despite a surprising lack of empirical research into its validity and actual utility (Kocsis, Hayes, & Irwin, in press; Kocsis, Irwin, Hayes, & Nunn, 2000; Pinizzotto & Finkel, 1990). It would appear that in the study of serial violent crimes for the direct purpose of investigative psychological profiling, very few original, quantitative, academically reviewed studies have been published (Oleson, 1996). Indeed, a recent issue of the *Journal of Contemporary Criminal Justice* especially dedicated to the topic of psychological profiling fails to report on an original quantitative study on serial rape or sexual murder profiling. Instead, academic activity in this area has been dominated by articles focused on an essentially conceptual discussion of profiling issues (Ault & Reese, 1980; Bekerian & Jackson, 1997; Copson, Babcock, Boon, & Britton, 1997; Copson & Marshall, 1999; Gudjonsson & Copson, 1997; Hormant & Kennedy,

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**PhD Research Proposal**

**Project Title: An evaluation of educational interventions for improving knowledge of coastal drowning prevention**

**Project Summary**

This PhD project is a part of the ARC-funded study 'Science of the Surf (SOS): The Development and Evaluation of a National Campaign to Reduce the Risk of Coastal Drowning'. The incidence of coastal drowning will be estimated using current surveillance systems in NSW, including hospital inpatient and coroner's data. Surf lifesaving reports (if available) will be also scrutinised for drowning mechanisms. This data will be used in order to identify patterns of drowning and priority areas for intervention. Gaps in beach safety knowledge and the need for educational intervention will be identified using survey methodologies. For example, the SOS study demonstrated a lack of knowledge by beachgoers in identifying rip currents and dumping waves as key areas for further exploration. The PhD student will trial various educational approaches for improving coastal safety knowledge. Their effectiveness for improving coastal safety knowledge will also be assessed. The results of the project will provide critical knowledge regarding methods for improving coastal safety knowledge. The findings can be used as a template to guide further drowning prevention interventions using a range of media.

**Aims of the Project:**

- To develop and implement a range of educational intervention materials aimed at improving coastal safety knowledge;
- To evaluate the effectiveness of different types of educational interventions and media;
- To identify the most effective education intervention method for improving coastal safety knowledge

**Significance of the Project:**

- Determines the demographics, patterns and trends in coastal drowning;
- Provides a data-driven basis of drowning prevention priorities;
- Determines effectiveness of educational interventions for improving coastal safety knowledge;
- Provides beach safety practitioners in Australia with effective preventative countermeasure(s).

**Research Plan:**

- *Descriptive epidemiological study, including retrospective reviews of surveillance data to identify cases of coastal drowning;*
- Hospitalisation inpatient records (HOIST) for cases of coastal drowning
- Surf Life Saving Australia drowning incidence records
- Coroner reports for deaths due to coastal drowning

**Investigate coastal safety knowledge and identify gaps in current knowledge by survey of beachgoers:**

- Questionnaire
- Telephone interviews
- Face-to-face interviews

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Each essay needs Introduction, Body (paragraphs with arguments), and Conclusion; so, a general format of your essay outline will include all these components. When outlining your essay, keep them in mind so you wouldn't miss any arguments, evidence, and examples while writing. So, let's do this!

**Key Parts of an Essay** Put them all into your essay outline: Introduction. Minor topics could include specific work environments, job satisfaction in various fields, and correlation between depression and chronic illness. Major points build on each other, moving the paper forward and toward its conclusion. Restate your thesis and write a concluding statement, aka a sentence addressing the importance of your thesis and proposing solutions to the problem you addressed in the essay. It's a Wrap! Essays are many, and you need to write all of them in school and college. That's why the skills of planning your papers will come in handy anyway. What do they know about your topic? When you know how to write an essay outline, you create papers better and faster. The rest of the body of your paper will be made up of more major and minor points. Consider credible sources such as Google Scholar or Oxford Academic to find references for your essay; take notes of them to use in your outline. State your thesis so you could see what topic sentences to outline for your essay. You keep in mind all essay components. Just compare: Alphanumeric format: Decimal format: An alphanumeric outline is the most common one, but you are welcome to use a decimal outline structure if it seems clearer and more comfortable for you. Each major point should be a clear claim that relates to the central argument of your paper. Students understand that an essay outline needs to specify all the main points and arguments of their future paper, but they still find it challenging to create. More than that, professors may ask you to submit an essay outline for their review. Strangers? You can also mention an essay hook here - a sentence you'll use to make the audience interested in reading your work. Outline your essay body: write down a topic sentence for each paragraph, provide supporting evidence you'll use when writing, and mention how they'll relate to the topic and your thesis. There will be a minimum three paragraphs in your essay's body, so make sure to include each one in the outline. Wrap up your essay here. Outlining is an essential part of the writing process, and all authors do it for their works to impress readers. Here's why you need an essay outline: It will help you organize thoughts: when you research the data for your essay, you get tons of information that's hard to remember. You'll understand the information flow and will be able to structure it accordingly. It will help you not to miss anything while writing your essay because you'll have a ready manuscript of your paper. That said, an outline will help you write academic works better and faster. You can't write an essay without outlining. It means they rank arguments in order of their importance - from major to minor ones. Remember: your research essay outline doesn't have to include the complete sentences. Paragraph-2a) Write a topic sentence (another argument for your thesis) b) Support this argument: data, facts, examples c) Explain how they relate to your thesis. For each paragraph, write down a topic sentence with an argument relating to your thesis and mention all the support: data, facts, examples, and other evidence you'll use to prove the topic sentence of this paragraph. Conclusion. The more details you outline, the easier it will be to organize all the thoughts while writing. Also, you can write a transition sentence for each paragraph so it would be faster to structure and hand all arguments. Finally, outline your essay conclusion. Write a sentence about your topic and introduce your thesis. More Major and Minor Points: In this paper, more major points might include mental health of high school dropouts, healthcare access for dropouts, and correlation between mental and physical health. For those lazy to read, here goes a short video: Source For all others, start with outlining your introduction. Each major point should advance the paper's central argument, often building on the previous points, until you have provided enough evidence and analysis to justify your paper's conclusion. Just make sure it's visually clear and allows you to see if some sections are repetitive or redundant. Do you write for classmates? Body. It's only an outline, so feel free to format arguments and evidence the way it seems most comfortable and understandable for you. Here you'll mention the topic of your essay and its thesis. So format your outline accordingly: assume that some people know nothing about it when preparing arguments and arranging them in a logical order. Essay Outline Template Templates can help you get a better idea of essay outlining. Yes, it's a teacher who reads and evaluates your work; but whom do you want to read your essay? Persuasive, expository, narrative - their basic structure is the same but with tiny differences identifying their specifications and your knowledge of academic writing. In other words, you analyze what others have to say on the topic, argue their points, and present own ideas backed up with that information. For a research essay outline, consider this example: Taken from: Austinncc.edu How to Make an Outline: the Process As a rule, the only detail bothering those asking how to make an outline for an essay is the process itself. But those willing to craft a paper that's worth A+ will need to create an essay outline and organize their research in one place before writing. Sample Minor Point. A sample minor point of the previous major point (employment and physical health) might address worker injury or the frequent lack of health insurance benefits offered by low-paying employers. Paragraph-1a) Write a topic sentence (the argument for your thesis) b) Support this argument: data, facts, examples c) Explain how they relate to your thesis. II. So, make a list of the sections in your paper and fill in the corresponding example, depending on your essay type. Persuasive Essay Outline Example A persuasive essay is a type of academic writing where you use logic and arguments to convince readers of your point of view, using solid evidence such as research, stating facts, examples, and quotes from experts. To create an outline for such an essay, consider the following example: Taken from: TeacherVision.com Narrative Essay Outline Example A narrative essay is one in which you tell a story from your point of view or personal experience, providing specific and sensory details to get readers involved and understand your point. For narrative essays, outlines like this one will work well: Taken from: TeacherVision.com Expository Essay Outline Example An expository essay is a type of academic writing where you investigate the topic by evaluating the evidence and expounding the idea to describe, explain, and provide the information to a reader. What about this example for your essay outline? Taken from: TeacherVision.com Research Essay Outline Example A research essay is a type of academic paper where you need to analyze the works of others on a given topic and synthesize them with your own ideas on it. Paragraph-3a) Write a topic sentence (another argument for your thesis, or a counterargument) b) Support this argument, or explain why the counterargument doesn't work: data, facts, examples c) Explain how they relate to your thesis. V. But it will be challenging to do. Depending on the goal, you'll know what thesis to consider, what writing techniques to use, and how to visualize research in your paper. Identify the audience. Here you write down the main idea of your essay and structure all arguments into paragraphs to make sure you won't miss anything while writing. Sure enough, you can write an essay without outlining it. Minor points are subtopics within your major points. You develop critical thinking. A thesis needs to be arguable and provide enough details to hook readers so they would get them emotionally involved in your writing. Once a thesis is ready, start structuring your essay outline. Choose an Essay Outline Structure From the above templates and examples, you've got a general idea of the basic structure for your essay outline. Understanding those differences and outlining your writings accordingly is your chance to craft perfect works that get high grades. An essay outline is what you need to organize the information and not miss anything while writing. As you know, essays can't live without a thesis; so, a thesis statement in your outline will help you support it in each paragraph of your essay body. Body paragraphs. This guide is here to help you understand what is a paper outline, learn how to write an essay outline, get outline examples and templates to use when crafting yours. So, let's a research essay outline journey begin! Table of Contents: What is an essay outline? How to write an essay outline Key parts of an essay Outline format Essay outline template How to make an outline: the process It's a wrap! What is an Essay Outline? As you've already guessed it, an essay outline is a short plan of your research paper. Make sure you understand what essay type you need to write, how many arguments to use (except as noted), and how long your essay needs to be. Answer the question, "What's the purpose of your essay?" Do you want to inform readers, persuade, or just entertain them? How might they react to your information? Depending on that, you'll understand what arguments might work for your essay. It will help him understand the arguments and evidence you are going to use in your essay. Organize Your Outline Now it's time to fill in each section of your essay outline. Sample Major Point: Employment and physical health may be a good first major point for this sample paper. Here, a student might discuss how dropping out of high school often leads to fewer employment opportunities, and those employment opportunities that are available tend to be correlated with poor work environments and low pay. Restate your thesis and summarize the goal of your paper. In general, your essay outline will look like this: Essay Outline: General. We used a standard alphanumeric structure there, but you can also use a decimal one for your outline to show how your ideas are related. Major points are the building blocks of your paper. It will also help you decide on resources to use for research and evidence to choose for your arguments. Introduction a) Introduce a topic b) State a thesis. II. Minor points develop the nuances of your major points but may not be significant enough to warrant extended attention on their own. It's a great way to organize thoughts and determine the order in which you'll represent them to readers. Also, feel free to use complete sentences or just brief phrases for each section of your essay outline. However, if you need to submit it to a professor for a review, use sentences. These may come in the form of statistics, examples from your sources, or supporting ideas. And you become a better writer. Fine, you can do that if a low grade is okay for you to get. To learn the secrets of effective outline writing, you'll need to know what to do before outlining, what essay outline structure to choose for your work, and how to organize your outline so it would be as informative as possible. Here's how to outline an essay: What to Do Before Outlining First and foremost, read your writing assignment carefully. Conclusion a) Summarize all main points b) Restate your thesis c) Add a call to action: what you want readers to do after reading your essay Outline Format As a rule, students use the linear style when formatting their essay outlines. It will help to avoid duplications in your essay. Another point to consider: While you are familiar with a given essay topic, it doesn't mean your readers are. And while our writers are always here to help, it can't hurt to learn how to write an outline for an essay by your own, right? How to Write an Essay Outline While college essay types are many, the common structure for most of them is five-paragraph. Would they agree with your thesis?

How to outline an argumentative essay in 4 steps? Learn how to write a high-scoring argumentative essay with our simple-to-use outline, template, and worksheet. +1-888-687-4420 info@myperfectwords.com An outline helps you write your college essay and academic papers. Also, it helps to organize your ideas and information logically. When you start writing the outline, ... Essay Outline Template. The outline of the essay is the skeleton that you will fill out with the content.



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